EuroEyes

International Newsletter no.9

Århus | Berlin | Beijng | Copenhagen | Düsseldorf | Frankfurt | Hamburg | Hong Kong | Munich | Shanghai | Shenzhen | .

Laser eye surgery at EuroEyes! Homeschooling and Home office - avoid danger to the eyes



It is well known that the myopia wave is rolling - especially in Asia - but this wave could now be intensified by the pandemic. Homeschooling and restricted mobility in public spaces have intensified myopia-inducing close-up work on PCs & Co. and reduced spending time outdoors. A Chinese study of more than 120,000 school children has now shown that the myopia of six to eight-year-olds has worsened by an average of 0.3 diopters in the past year. Experts from the German Ophthalmological Society evaluate this study and give recommendations for the behavior in lock-down times also in this country.



Corona and EuroEyes: An update

Take care of ourselves and our fellow human beings - that is still our guideline in the corona pandemic. Because until all citizens can be offered a vaccination, we are supporting the test strategy of the federal and state governments with all our might. Increased testing is an effective bridge that will be needed at least until June. In addition to technical, organizational and personal measures, EuroEyes regularly offers its employees who are in attendance rapid tests. Rapid tests are also available for our patients and if the Corona-Anamnesis for use. In addition, we actively use all possibilities to establish direct contact with our patients standing employees, according to the STIKO step-by-step plan and regional specifications to enable appropriate, prioritized vaccination.

As of today, since February all employees have been tested at least once a week, but mostly twice, and around 65% of employees have already been vaccinated at least once.

Advice at EuroEyes

A treatment towards a glasses-free life represents a big step for everyone. Therefore, extensive and competent advice before a treatment is extremely important in order to get detailed information about the process and to find the best and most trustworthy partner to walk this path together.

This consultation in advance of a treatment is a non-binding and free initial consultation, which is carried out exclusively by specially trained staff, the so-called patient advisors. EuroEyes was able to increase these consultations - also through numerous recommendations - in the last months by 20% compared to the previous year and has made enormous investments in this field.

EuroEyes is continuously expanding the number of patient advisors and has also initiated an extensive and detailed training program in order to provide the interested party with the best possible support in the decision-making process.



As part of the initial consultation, detailed examinations are carried out to ensure whether and with which EuroEyes treatment method the ametropia can be remedied. The course of treatment is then presented to the patient, open questions answered and, if desired, an appointment for further treatment is made.

A high degree of empathy and extensive specialist knowledge of the processes involved in the individual treatments are essential for being a patient advisor. Applications for this are always welcome at jobs@euroeyes.de, keyword "patient advisor".

Our Aarhus Clinic - Located in the center of "City of Smiles"



On the corner of Ryesgade and Banegårdspladsen ("Railway Square") just opposite the Central Station in Århus you will find our modern, boutique-like EuroEyes eye clinic. The clinic has been located here since March 2010 and has become a firm part of the Århus cityscape. Located at the heart of rhus, also lovingly called "The city of Smiles" by its inhabitants, the clinic is probably going to be one of the first sights you will encounter when arriving to Århus via train. The surgeons operating at our Århus clinic are Dr. Jannik Boberg-Ans, Dr. Martin Åvall Severinsen and Dr. Ole Lomholt Oxlund.

You can find out more about this clinic and it's team here: https://www.euroeyes.dk/dk-aarhus/

Generation change in Munich in the Neuhann dynasty

The eye surgeon Ms. Prof. Irmingard Neuhann, FEBO, will take over at the Munich location with immediate effect intraocular refractive interventions (ICL, multifocal intraocular lenses). She follows her father, Prof. Thomas Neuhann, who worked for many years EuroEyes reduced. Prof. Thomas Neuhann has significantly built up the Munich location with his expertise and will continue to work in an advisory capacity in the Munich clinic.

With Prof. Irmingard Neuhann EuroEyes was able to win a highly specialized successor. In her doctorate, she dealt with lens replacement in highly myopic patients. And also



in her habilitation thesis she focused on the subject of artificial lenses. She has been a German specialist doctor (FEBO) since 2006, and a European specialist doctor (FEBO) since 2007. Prof. Irmingard Neuhann can now look back on almost 20 years of experience in eye surgery and has performed thousands of eye operations. EuroEyes is looking forward to a long and successful cooperation.

Ideal ametropia correction with toric lenses

Toric lenses are becoming more and more important in refractive surgery. With them, not only the ametropia, but also a corneal curvature that often occurs at the same time can be effectively and sustainably corrected. At EuroEyes, two out of three lens implants are now performed with these special optics - mostly in combination with a trifocal optic, such as B. the Zeiss AT Lisa Tri toric lens.



The manufacturing process, including strict quality controls, is very complex, and the operation also requires special preparations: in addition to the number of diopters, the axis - and thus the position of the lens in the eye - is also important. During the preliminary examination, the exact measurement of the cornea is carried out using topography and keratometry and forms the basis for the ordering process for the individualized lens.

Intraoperatively, it must be ensured that the lens in the eye is aligned with the desired axis. Stateof-the-art surgical microscopes with a fade-in of the implantation axis in the surgical field ensure maximum safety and excellent results. Since the introduction of toric lenses, the achievement of optimal refractive power corrections has been significantly improved and the post-correction rate using laser methods has been drastically reduced.

Clinic of the month: Düsseldorf

Despite the great challenges of last year, EuroEyes secured its outstanding market position last year as well. Today we would like to introduce another clinic in this newsletter that has done a particularly good job in the last month.

The EuroEyes Clinic in Düsseldorf, very centrally located on the "Kö", the Königsallee, was founded in 2006 and has been offering its patients the full range of refractive



surgery ever since; including the ultra-modern, minimally invasive laser process ReLEx Smile, as well as the treatment of reading glasses and varifocals through the use of trifocal lenses.

Thanks to the tireless efforts of the colleagues under the medical supervision of Mr. Ziad Muqbel, an increase in the number of treated eyes of 40% was achieved compared to last year.

On behalf of the entire workforce, we would like to take this opportunity to express our special thanks and appreciation for the service rendered.



EuroEyes Meeting 2021

We are planning a large EuroEyes meeting with many lectures, RK-Exams and other surprises for the end of September in Hamburg. We don't hope that Covid-19 will thwart us here but be prepared for it to work out.

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